

going deeper

Personal or group study ideas.
Read the articles, choose your questions!

How *Truth* Helps Patients with Their Meds:

Read McCormick and Brown, pp. 130-135.

- a. Describe the nocebo effect and the evidence you've seen to support the authors' findings or site evidence to the contrary.
 - b. What might you say to a patient who misunderstands how he feels as a result of a new med?
 - c. How can nurses help free patients from self-deceptions that interfere with their health?
 - d. How can nurses distinguish between true adverse events from a medication or treatment and nocebo effects?
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Nursing Education: Read Greer, Bunke, and Jamison, pp. 148-150, 151-152 and 168.

- a. Who was your most memorable nursing instructor and why? Consider writing a letter of thanks for the impact on your life.
 - b. How can we prepare for the inevitable crisis situations of life? Discuss your strategy.
 - c. Discuss test taking—from both student and instructor perspectives.
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When Families Choose Cremation: Read Huddleston, pp. 138-141.

- a. Develop a scriptural basis supporting or negating cremation for Christians. Site biblical references to support your view.
 - b. Review cultural considerations for people of various faith traditions. Show this article to a colleague and share what you learned.
 - c. Ask a colleague his or her thoughts regarding cremation and what may happen in the after-life. Pray for an open door to share your thoughts regarding eternal life.
 - d. Discuss cremation with your family and friends. Share your thoughts and ask how your family would feel about this option.
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Spiritual Care: Read Bigony and Sweat pp. 142-147 and pp. 170.

- a. What is your working definition of spiritual care?
- b. How do you practice spiritual care in your work setting? What is a challenge? What works well?
- c. What is a biblical passage you find helpful when addressing spiritual needs? How has this passage assisted your patients?